

What We Do at Appalachian Canine Therapy (ACTNOW K9)

You may call (540 577 6316), or email (ACTNOWk9@gmail.com) to schedule an appointment for an Initial Evaluation. We will then contact your Veterinarian to obtain a vet referral if you need one and do not already have one. It is very important to us to keep an open line of communication with the veterinarian and to foster this collaboration for the benefit of your animal. Any case that is post-operative, involves lameness, or the patient is geriatric, communication with your vet is important and beneficial.



Coming In For the First Visit

You will have one page of paperwork. The initial evaluation will take approximately 1 ½ hours. This will involve the assessment, treatment, the development of a home exercise program, and, if needed, the filling out of the paperwork for the vet. You can expect one-on-one time with a qualified therapist. You are welcome to stay with your animal and work with the therapist.

Once the six part evaluation is completed, your therapist will give you a summary of the different findings for primary and secondary problems. A Treatment Plan will be customized for you and the patient. You are an integral part of this plan. Your goals for your animal need to be voiced and strived for. Also taken into consideration will be what you are able to do yourself as far as your time frame and physical abilities allow.

Treatment Options

Your therapist will choose what will be the best treatment options for the patient. These may include modalities for healing or pain relief. Manual/ hands-on therapy will be an integral part of the plan and will address joint stiffness, pain, mobilizations, range of motion, trigger point massage, stretching, and other hands on therapies.

Included in the patient's program will be a specific exercise program to target problem areas. This will include a wide variety of exercise equipment and a home exercise program. You will be a key role in your animal's rehab and speedy recovery. Each program is customized and thought out, to address which stage the patient is in, and then readdressed as the patient progresses.

Follow-Up Frequency

This will be customized for you and the patient. We can make your rehab as detailed and as in depth as needed or the focus can be more on the home exercise program. A regular PT visit will be approximately 45 minutes.

We look forward to meeting you and your animal. We want you to know that we are there for you and we will strive to provide you both with a very positive experience. Call or email us with questions or concerns. We have various locations and can also perform house calls.

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